LAUREN GALLEY MARTINEZ



Girl Power Expert Mentor

Hi, Im Lannen...

I'm extremely good at one thing, empowering today's young girls to be confident, kind & cyber-smart!

As a Girl Power Expert + Mentor who launched Girls Above Society at age 15, I have spent the last 17 years developing GIRL TALK Curriculums and empowering girls so they can navigate the tough pressures today's girls face in our media driven society.

From humble beginnings and well-intentioned efforts I became one of the nation's leading "Girl Power" mentor entrepreneurs. I am proud to have expanded my achievements to include Best Selling Amazon Author and TEDx Speaker by the age of eighteen. As a sought-after public speaker, I have been the keynote speaker for national organizations, universities, and fortune 500 corporations such as Girls Scouts, and Alcon Corporation. One of my most proud achievements was being selected as a U.N. Youth Advocate, enabling me to extend my global presence of empowerment for young girls. My work has appeared on major outlets such as CNN, Fox News, Teen Vogue and Huffington Post. Proctor & Gamble's Secret Deodorant's "Mean Stinks" Campaign in conjunction with Teen Vogue gave me a global arena that continues to empower girls to end the girl-on-girl bullying for good. I was awarded a \$10,000 scholarship from Proctor & Gamble for my work with Girls Above Society. Lady Gaga's Born This Way Foundation awarded me with a coveted spot serving as a Channel Kindness Reporter serving up positivity & inspiration throughout the U.S. Being selected by Alba Botanica Lauren for their national #DoGoodDoBeautiful Campaign further extends my mission as a "Modern-Day Superhero".

Winning the Victoria's Secret PINK "GRL PWR PROJECT" enabled me to empower over 200 girls across the U.S.

Receiving the 2020 Diana Award, the highest accolade a young person can achieve for social action and humanitarian efforts, raises a powerful platform as a change maker for today's generation.

My formal education includes a B.S. in Psychology with a minor in Communication Studies: Sam Houston State University. I am proud to be the founder and President of Girls Above Society.

EMPOWER A GIRL...GHE WILL CHANGE HER WORLD











MY JOURNEY Girls Above Society became a non-profit. Interview with 2010 Cylk Cozart...the moment it all made sense. First GIRL TALK events 2011 The beginning of over 100 Keynote Speeches.

2013

The Lauren Galley Show Blogtalk Radio



2014

TEDx Tomball

2015 White House State of Women Summit Nominated Changemaker

> Proctor & Gamble Mean Stinks Campaign U.N. Youth Delegate GIRL TALK Curriculum Pilot - Ohio

2017

1st Girl Power Experience Corporate Event - Alcon Alba Botanica Campaign Lady Gaga Born This Way Foundation

2019

PINK "GRL PWR Project" Victoria's Secret

2020

Diana Award Recipient

2021 CXC Changemaker Representing USA

GIRL POWER

Throughout my journey I've seen the power of mentorship accelerate women and girls beyond their wildest imagination. My goal: Give girls the space to spark face-toface convos that inspire and shape positive change. When girls know their self-worth and are confident in their authentic selves, they will pass the torch of empowerment to the next generation. Confidence looks



different for every girl. In a world where media dictate what you should look or act like, I want girls to nix the negative noise with the courage to be their authentic selves. •





Steps to Success



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alba **ΒΟΤΑΝΙCΑ**[™]





THE HUFFINGTON POST

As a voice to young teen girls, Lauren hosts her own radio show "The Lauren Galley Show" on her CETV Channel & Blogtalkradio. She has been featured on Fox News, Teen Vogue, Best Ever You Radio, and Talented Teens in the UK. Her writings have appeared in numerous publications such as International Talent Magazine, Smart Girls Guide, Babble, and The Huffington Post covering issues of the many pressures young teens are facing in today's society. Her first book, Steps to Success: An Empowerment Guide Girls Above Society was an #1 Amazon Bestseller.



GIRL POWER...Is it Magical or Real?

Penelope Pint is the launch of an exciting and beautifully illustrated new empowerment story every young girl can relate to.

TATE PUBLISHING

It's a new school year, and Penelope finds herself thrust into a brand new school, where she embarks on a journey of finding confidence and self-worth with girls who are taller, not as kind and already popular.

Penelope's fluffy puppy, Gracie, helps her discover the "magic' and importance of finding her inner Girl Power. After being rejected from he popular group of girls at school, Penelope kicks her Girl Power into high gear as she surprises the girls who are being mean and teaches then a lesson or two about kindness.

Author and President of Girls Above Society, Lauren Galley, recalls her own bullying experience and introduces a new kind of hero who epitomizes the challenges today's girls are facing. As Penelope discovers her self-worth and confidence, she inspires al girls to empower each other instead of tearing each other down.



SPEAKING



Lauren Galley - Martinez Speaking Reel

girl scouts TEDX Alcon



THE UNIVERSITY OF



Best for Women



SANSUNG BORNTHIS WAY/ FOUNDATION



CURRICULUMS Sparking girl-to-girl convos!

We're bridging the gap of self-esteem for today's girls!

7 in 10 girls believe that they are not good enough or don't measure up in some way, including their looks, performance in school and relationships with friends and family members. We're changing that!

"*GIRL TALK*" Curriculum, a 10-week (prerecorded) video and mentor driven program that targets pressures young girls are facing such as girl-to-girl drama, online harassment, digital safety, lack of confidence, maintaining positive friendships and self-image issues.







The tools/skills learned in each "*Girl Talk*" lesson contribute to girls becoming more confident with higher self-esteem and motivated to become role models and leaders of their generation.

GIRL TALK's interactive and relatable approach leaves girls energized and walking away with a positive mindset of emotional, and mental well-being rooted in her self-worth ~ Girl Talks are designed for smaller groups of girls (max 30). These smaller settings enable girls to bond while they participate in important peer to peer conversations, a hands on activity and creative doodle/journaling.

GIRL TALK Curriculums can be administered in schools, organizations, after school clubs as well as homeschooling and leaders/volunteers who would like to administer their very own *Girls Above Society Club*.



LET'S CONNECT!





